



<http://www.tibenhamcommunityhall.org>  
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## **THINK CARERS REVIEW**

### **The Impact of Coronavirus on Rural Loneliness and Isolation**

On Thursday March 24th 2022, Tibenham and the surrounding villages, can come together to review our “THINK CARERS” and Rural Loneliness and Isolation Programme.

The meeting begins with tea and coffee at 10.00am for a 10.30 start, at Tibenham Community Hall, and will end after refreshments at 2.00.  
Find us at Pristow Green Lane, Tibenham. Norfolk NR16 1PX.

We hope to be able to talk about the impact the Coronavirus has had on us all and how it will affect future Health and Social Care Services. We will be asking “Can we do more to help ourselves if it happens again?” and “Is there anybody out there who can help us plan and learn?” How do we rebuild our network to meet our needs?

Representatives from Norfolk County Council, the South Norfolk NHS Clinical Commissioning Group, Carers Matter, Health & Wellbeing, Mental Health, Social Care, Harleston Information Plus, the Early Help Hub Long Stratton, Voluntary Norfolk and others, have been before and we hope some may be able to come again to discuss how we can do more to help ourselves and each other recover and stay safe.

This is our chance to network with agencies offering vital help and information about the way forward that we can confidently share with friends & neighbours. Come and have your say about the issues that concern you relating to health & wellbeing within Tibenham and the local area.

Everyone is welcome.

Contact Lorna Pyke ([lornapyke@btinternet.com](mailto:lornapyke@btinternet.com)) 07786 568073

**Charity No. 1064012**

**Pristow Green Lane, Tibenham, Norfolk, NR16 1PX**