

## Sharing Ways of Living Well

An event in Norwich celebrating the work of all our carers



A free event open to all, with many stalls showcasing services and support within the area

Increase your awareness and speak to people who can offer help, information and advice.

- Monday 5 June
- Norwich Forum Millenium Plain NR2 1TF
- 9am –3pm

## For more information contact:

Care for Carers
Tel: 0300 77 88 80
info@careforcarers.org.uk

NSFT
 Senior Family Carers Lead
 pip.everett@nsft.nhs.uk
 jill.curtis@nsft.nhs.uk

Organised by Care for Carers in partnership with Norfolk and Suffolk NHS Foundation Trust